

School Health Promotion *Morning Announcements*

June: This summer think health & safety!



Short:

[Start speaking here.]

It's time to get outside and get active — just make sure you're protected! For outdoor activity, you may need a helmet, shin guards, knee & elbow pads... And, you *always* need sun protection — it's just another part of your gear. So, wear a hat – apply sunscreen – drink water - and play in the shade.

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Source: CDC, www.bam.gov/sub_yoursafety/index.html

